



Activities

Bathing

The summer season in the Lister region is perfect for exploring the many beautiful bathing areas. Some of Norway's best beaches are found here. Inland, you can enjoy quiet waters ideal for swimming and along several rivers you will find some excellent bathing areas. A fun family day at the Sørlandsbadet water park can be enjoyed all year



Indoor / Outdoor Swimming Lyngdal (Sørlandbadet) and Kristiansand (Badeland)

The impressive Soerlandsbadet water park offers great fun for the entire family. Paddling pool, wave pool, water slide, whirlpool, sport pool, climbing wall. The terrace cafe offers a selection of healthy dishes. <http://www.sørlandsbadet.no>
<http://www.badeland.no/ny/index.php>



Sørlandsbadet Lyngdal



Sørlandsbadet Lyngdal



Badeland Kristiansand

Zoo and Amusement Park Kristiansand (Dyreparken)

In this park you can see a variety of animals like lions crocodiles,... Meet also Captain Sabeltan on his journey to find the gold treasure <http://www.dyreparken.no/>



Dyreparken





Walking Areas Lyngdal for young and old

You have the choice between numerous beautiful walking and hiking areas in the Lister Region. The trails cover a varied terrain and there are several distances to choose from. There are trails to suit all nature lovers, from a gentle stroll to demanding hikes. Short or long excursions, you decide. You can purchase hiking maps from the local tourist boards



Skreelia



Kvåsfossen

Click here to get some details about different trails
<http://www.ut.no/finn/?types=trip&id=sherpa3%3A95666&type=person>

Sightseeing by boat

You can also join a boat sightseeing tour of our idyllic coastline. smaller harbours, peaceful beaches and hunt out the perfect wave or joining a excursion with a historical and cultural twist. Embla Maritime Farsund (+47) 38 39 30 99 / (+47) 47 28 17 73

Diving

There are many pearls to be explored. The region offers exciting opportunities for wreck, wall and cave diving.. Keep the wreck of DS Gudrun, Katedralen and the wrecks around Selør in mind when you contact the local club. Hunting underwater is legal apart from lobster, which is forbidden for divers throughout the year.

Bike Extreme

The North Sea Cycle Route stretches through seven countries along the North Sea. The network of cycle trails covers over 6000 kilometres of trails.. In Norway, the trail stretches from Kristiansand in the south to Bergen in the west. In the Lister Region the route runs through Lyngdal, Farsund, Kvinesdal and Flekkefjord

Trail tri-cycling, Bowling, Shopping.....

And much more